

M. BLAKE BERRYHILL, PhD
Curriculum Vita

Department of Human Development and Family Studies
The University of Alabama
Box 870160
Tuscaloosa, AL 35401

Phone: 205-348-4044
Email: bberryhill@ches.ua.edu

ACADEMIC POSITIONS

- 2015-Present Assistant Professor, Marriage and Family Therapy Program
Director, Department of Human Development and Family Studies,
College of Human Environmental Sciences, The University of
Alabama
- 2014 Research Associate, United States Air Force
- 2011-2014 Graduate Teaching Assistant, Family Studies and Human Services,
Kansas State University
- 2010- 2011 Graduate Assistant, Abilene Christian University, Abilene, TX

EDUCATION

- 2011-2014 **PhD** Marriage and Family Therapy
Kansas State University, Manhattan, KS
Dissertation: *Coparenting and Parental School Involvement*
Advisor: Jared Anderson, PhD
- 2009-2011 **MMFT** Master of Marriage and Family Therapy
Abilene Christian University, Abilene, TX
- 2003-2009 **MDiv** Master of Divinity
Lubbock Christian University, Lubbock, TX
- 2000-2002 **MA** Religion
Abilene Christian University, Abilene, TX
- 1996-2000 **BA** Youth and Family Ministry
Abilene Christian University, Abilene, TX

SCHOLARLY PUBLICATIONS

Refereed Journals Articles

*Denotes Student Collaborator

2019

Berryhill, M.B., Culmer, N., Williams, N, Halli, A., *Betancourt, A., *Roberts, H., & *King, M. (2019). Videoconferencing Psychotherapy and Depression: A Systematic Review. *Telemedicine and e-Health*, 25, 435-446.

2018

Berryhill, M.B., Halli, A., Culmer, N., Williams, N, *Betancourt, A., *Roberts, H., & *King, M. (2018). Videoconferencing psychological therapy and anxiety: A systematic review. *Family Practice*, 36, 53-63.

Berryhill, M. B., *Harless, C., & *Kean, P. (2018) College student cohesive-flexible family functioning and mental health: Examining gender differences and the mediation effects of positive family communication and self-compassion. *The Family Journal*, 26, 422-432.

Berryhill, M., *Hayes, A., & *Lloyd, K. (2018). Chaotic-enmeshment and anxiety: The mediating role of psychological flexibility and self-compassion, *Contemporary Family Therapy*, 40, 326-337.

Berryhill, M. (2018). Single mothers' home-based school involvement: A longitudinal analysis. *Journal of Family Studies*, 24, 187-202.

2017

Berryhill, M. (2017). Coparenting and parental school involvement. *Child and Youth Care Forum*, 46, 261-283.

Berryhill, M. B., & Durtschi, J.A. (2017). Understanding single mothers' parenting stress trajectories. *Marriage & Family Review*, 53, 227-245.

2016

Berryhill, M. B. (2016). Mothers' parenting stress and engagement: Mediating role of parental competence. *Marriage & Family Review*, 52(5), 461-480.

Berryhill, M., *Riggins, M., & Gray, R. (2016). Elementary school-University partnership: The Elementary Parent Leadership Academy. *Journal of Community Engagement and Higher Education*, 8, 1-17.

Berryhill, M. B., Soloski, K. L., Durtschi, J. A. and Adams, R. R. (2016). Family process: Early child emotionality, parenting stress, and couple relationship quality. *Personal Relationships*, 23, 23-41.

Soloski, K., **Berryhill, M.** (2016). Gender differences: Emotional distress as an indirect effect between family cohesion and adolescent alcohol use. *Journal of Child and Family Studies, 25*, 1269-1283. doi:10.1007/s10826-015-0311-7

2015

Berryhill, M., & Lechtenberg, M. (2015). Acceptance and commitment therapy with adolescents: Identifying and clarifying values. *Journal of Family Psychotherapy, 26*, 25-30.

Berryhill, M., & Vennum, A. (2015). Joining forces: Bringing parents and schools together. *Contemporary Family Therapy, 37*, 351-363.

Non-Refereed Publications

2019

Berryhill, M., Morgan, H., & Wilson, E. (in-press). Impacting rural middle schools through school-university partnerships: The Middle School Parent-Teacher Leadership Academy. In B. Kronick (Ed.), *Emerging perspectives on community schools and the engaged university*. Hershey, PA: IGN Global.

2018

Berryhill, B., *King, M, *Betancourt, A., & *Roberts, H. (2018). Telehealth research: Videoconferencing in the treatment of anxiety and depression. *Family Therapy Magazine, 17*, 28-31.

Berryhill, M.B., Morgan, H. (2018). Impacting rural communities through school-university-community collaboration partnerships: The parent teacher leadership academy. In M. Reardon & J. Leonard (Eds.), *Innovation and implementation in rural places: School-university-collaboration in education* (pp. 257-280). Charlotte, NC: Information Age Publishing

2016

Berryhill, M.B. (2016). Joining forces for school success: Elementary Parent and Teacher Leadership Academy joint training session. In B. Thomas, M. Greenfield, T. Ames, & J. Epstein (Eds.), *Promising partnership practices: An annual collection from the members of the National Network of Partnership Schools* (p. 81). Baltimore, Maryland: John Hopkins University.

2014

Berryhill, M. & Stith, S. (2014). Parents without partners. In J. Golson (Ed.), *The Social History of American Families: An Encyclopedia*. Thousand Oaks, CA: Sage.

PROFESSIONAL PRESENTATIONS

Peer-Reviewed Presentations at Professional Conferences

2019

Berryhill, M. Rural school mental health interventions: A systematic review (August, 2019). Research presentation at the annual conference of the American Association for Marriage and Family Therapy, Austin, TX.

Berryhill, M., Morgan, H., & Wilson, E. (April, 2019). Addressing the challenge of effective middle-school family-school partnerships: The Middle-School Parent Leadership Academy pilot program. Research poster presentation at the Rural Health Conference, Tuscaloosa, AL.

Hopson, L., **Berryhill, M.,** & Carlson, C. (April, 2019). Examining the accessibility and effectiveness of behavioral health services provided by graduate interns to students in a rural school district. Research poster presentation at the Rural Health Conference, Tuscaloosa, AL.

2018

Berryhill, M.B., *King, M, *Roberts, H., & *Betancourt, A. (November, 2018). Telemental health and depression: A systematic review. Research presentation at the annual conference of the American Association for Marriage and Family Therapy, Louisville, KY.

Berryhill, M.B., *Betancourt, A., *Roberts, H., & *King, M. (November, 2018). Telemental health and anxiety: A systematic review. Research presentation at the annual conference of the American Association for Marriage and Family Therapy, Louisville, KY.

Morgan, H., Wilson, L., & **Berryhill, M.B.** (2018, October). Middle School parent-teacher leadership academy: Building community by supporting children and families. Workshop given at the annual Engagement Scholarship Consortium Conference, Minneapolis, MN.

2017

Berryhill, M.B., *Lloyd, K., & *Shaffer, J. (2017, October). Family cohesion, communication, anxiety, and depression. Research presentation at the annual conference of the American Association for Marriage and Family Therapy, Atlanta, GA.

Berryhill, M.B., *Shaffer, J, & *Lloyd, K. (2017, October). Chaotic-enmeshment, self-compassion, and anxiety. Research presentation at the annual conference of the American Association for Marriage and Family Therapy, Atlanta, GA.

Curtner-Smith, M., & **Berryhill, M.B.** (2017, November). Helicopter parenting, parental warmth, and emerging adults' well-being. Research paper presentation at the annual conference of the National Council on Family Relations, Orlando, FL.

Morgan, H., Wilson, L., & **Berryhill, M.B.** (2017, September). Parent-teacher leadership academy: Building community by supporting children and families. Workshop given at the annual Engagement Scholarship Consortium Conference, Birmingham, AL.

2016

Berryhill, M.B., *Stanfield, M., & *Smith, J. (2016). Family functioning, cognitive fusion, & psychological flexibility. Poster presented at the annual conference of the American Association for Marriage and Family Therapy, Indianapolis, Indiana.

Berryhill, M.B., *Kelly, E., & Downs, K. (2016). Mindful values-guided action and therapeutic presence. Poster presented at the annual conference of the American Association for Marriage and Family Therapy, Indianapolis, Indiana.

Vennum, A., Dharnidharka, P., Shilts, L., Torgerson, C., Clifford, C., & **Berryhill, M.** (2016). Working on What Works: School-based systemic change. Workshop presented at the annual conference of the American Association for Marriage and Family Therapy, Indianapolis, Indiana.

2015

Berryhill, M. Relationship Quality, coparenting, and school involvement. (2015). Poster presented at the annual conference of the American Association for Marriage and Family Therapy, Austin, Texas.

Vennum, A., Shilts, L., Allan, N., **Berryhill, M.**, Clifford, C., Dharnidharka, P., Van, K., & Grant, D. (2015). Working on What Works. Workshop presented at the annual conference of the American Association for Marriage and Family Therapy, Austin, Texas.

2014

Berryhill, M. Family Contextual Factors and Parental School Involvement. (2014). Poster presented at the annual conference of the American Association for Marriage and Family Therapy, Milwaukee, Wisconsin.

Berryhill, M., Vennum, A., Dharnidha, P., & Clifford, C. (2014). School-Based Family Therapy: Bridging the Gap for Student Success. Presentation at the Kansas State Association for Marriage and Family Therapy, Wichita, Kansas.

2013

Berryhill, M. Parenting stress, work-family conflict, and social capital. (2013). Poster presented at the annual conference of the American Association for Marriage and Family Therapy, Portland, Oregon.

Berryhill, M. Single mothers' parenting stress, engagement, and school involvement. (2013). Paper presented at the annual conference of the National Council on Family Relations, San Antonio, Texas.

Luu, S., Johnson, M. D., Anderson, J. R., **Berryhill, M. B.**, Hardy, N., & Wilcox, A. (2013). Couples' coping is related to diabetes management through self-efficacy. Paper presented at the annual conference of the National Council on Family Relations, San Antonio, TX.

Lechtenberg, M., Biery, J., **Berryhill, M. B.**, & Stith, S. (2013). Assessing the adolescent experience of mindfulness. Poster presented at the annual conference of the National Council on Family Relations, San Antonio, TX.

2012

Berryhill, M., Soloski, K., Durtschi, J., & Adams, R. Child temperament, parenting stress, and relationship quality. (2012). Poster presented at the annual conference of the American Association for Marriage and Family Therapy, Charlotte, North Carolina.

Berryhill, M., Soloski, K., & Adams, R. Single mothers' parental engagement and parenting stress. (2012). Poster presented at the annual conference of the American Association for Marriage and Family Therapy, Charlotte, North Carolina.

Berryhill, M., Durtschi, J. Understanding single mothers parenting stress trajectories. (2012). Paper presented at the annual conference of the National Council on Family Relations, Phoenix, Arizona.

Invited Presentations & Workshops

2019

Berryhill, M. (2019, July). School-based mental health. Lecture given at the UA/UWA Regional In-service Center. Tuscaloosa, Alabama.

2018

Berryhill, M. (2018, December). Trauma-informed care in pre-K classrooms. Invited lecture given to Early Childhood Education Interns. Tuscaloosa, Alabama.

2017

Berryhill, M. (2017, March). Strengthening families through parental-involvement: The role of school-community partnerships. Invited lecture given at the Parent-Leadership Academy, Tuscaloosa, AL.

Jackson, T., Pritchett, B. & **Berryhill, M. (2017, February).** Parental involvement. Invited lecture given at Matthew's Elementary PTA meeting, Tuscaloosa, AL.

2016

Berryhill, M. (2016, December). Compassion fatigue. Invited lecture given to RISE Program Employees, Tuscaloosa, AL.

Berryhill, M., Kelly, E. (2016, October). The stress tug-of-war: Dropping the rope. Invited lecture given to a Freshman Seminar Class, The University of Alabama, Tuscaloosa, AL.

Berryhill, M. (2016, September-November). Marriage enrichment seminar. Invited seminar series given at First Presbyterian Church, Tuscaloosa, AL.

Berryhill, M., Williamson, L., & Downs, K. (2016, February). MFTs and psychiatrists playing in the sandbox together: A quick guide to understanding child and adolescent disorders. Invited lecture given at the Alabama Association for Marriage and Family Therapy State Conference, Montevallo, AL.

Berryhill, M. (2016, March). Joining forces for child success: strengthening family and school community relationships. Invited lecture given at the Parent-Leadership Academy, Tuscaloosa, AL.

2015

Berryhill, M. (2015, April). Joining forces for child success: Strengthening family and school community relationships. Invited lecture given at the Parent-Leadership Academy, Tuscaloosa, AL.

2014

Berryhill, M. (2014, April). School-based family therapy. Invited lecture given to master's level Marriage and Family Therapy students.

Berryhill, M., & Vennum, A. (2014, April). Family therapy services in the school. Invited teacher training for teachers at Junction City Freshman Success Academy, Junction City, KS.

2013

Berryhill, M., & Vennum, A. (2013, October). Family therapy services in the school. Invited teacher training for teachers at Manhattan High School, Manhattan, KS.

2012

Berryhill, M. (2012, February). Step-families. Invited lecturer for Helping Relationships class, Kansas State University, Manhattan, KS.

Soloski, K., & **Berryhill, M.** (2012, September). Army suicide awareness and prevention. Invited presentation for soldiers at Fort Riley Army Base, Fort Riley, KS.

GRANTS & CONTRACTS

Internal Grants Awarded

2019

Berryhill, M. (PI), Hopson, L., Carlson, C. (\$25,000). UA-Pickens County Partnership Grant (\$25,000). *Increasing Behavioral Health Services in Pickens County: A Collaboration with School SMART Clinics, Pickens County Primary Care, and Pickens County Medical Center.*

2018

Berryhill, M. (PI), Hopson, L., Carlson, C., & Culmer, N. (\$24,958). Alabama Life Research Institute Pilot Project Program. *Implementing Interpersonal Psychotherapy (IPT) via Telemedicine for the Treatment of Adolescent Depression in a Rural School Context.*

Berryhill, M. (PI). The University of Alabama's Research Grants Committee Grant (\$5,938). *Examining the Efficacy of a Virtual Sand Tray Application to Reduce Emotional Distress and Pain in Hospitalized Pediatric Burn Patients.*

Berryhill, M. (PI). UA-Pickens County Partnership Grant (\$25,000). *Increasing Mental Health Providers in Pickens County through Partnership with Pickens County Primary Care.*

Hopson, L. (PI), & **M. Berryhill** (Co-PI). UA-Pickens County Partnership Grant (\$24,316). *UASSW-Pickens County Schools Partnership to Provide Behavioral Health Services to Students in the Context of a Positive School Climate.*

2016

The University of Alabama's College of Human Environmental Sciences Mary A. Crenshaw Grant (Funded; \$2,000). *Training in Multilevel Modeling: Todd Little's Stats Camp.*

PROFESSIONAL MEMBERSHIP & ACTIVITIES

American Association for Marriage and Family Therapy (AAMFT)
 Clinical Member (2015-Present)
 AAMFT Approved Supervisor (2016-present)
 COAMFTE Site Visitor (2017-Present)
 Conference Abstract Reviewer (2015-Present)

National Council on Family Relations
 Member (2011-Present)
 Conference Abstract Reviewer (2012-Present)

Alabama Association for Marriage and Family Therapy
 Member (2015-Present)

Ad hoc Reviewer:
Telemedicine and e-health

*Child and Youth Care Forum***UNIVERSITY COMMITTEES****Department of Human Development and Family Studies (HDFS)**

HDFS Graduate Curriculum Committee (2018-Present)

HDFS Assessment and Curriculum Working Group (2015-present)

HDFS Marriage and Family Therapy Clinic Director Search Committee, Co-Chair (2015)

College of Human Environmental Sciences (CHES)

CHES Public Relations Committee (2015-2016)

CHES Well-Recognized Identity Committee (2016-present)

University Committees

Search committee member, Director of Community Education, Center for Community-Based Partnerships

External search committee member, Clinical Mental Health Professor, Department of Educational Studies in Psychology, Research Methodology, and Counseling, College of Education

TEACHING EXPERIENCE**The University of Alabama**

Graduate	HD 567 Pre-Practicum in Marriage and Family Therapy
	HD 641 Ethics and Professional Issues in Marriage and Family Therapy
	HD 664 Family Therapy
	HD 665 Advanced Family Therapy
	HD 668 Internship in Marriage and Family Therapy

Kansas State University

Undergraduate	FSHS 350 Family Relationships and Gender Roles (Graduate Student Instructor, 2011-2014)
Graduate	FSHS 896 Advanced Family Therapy (Graduate Teaching Assistant, 2014)
	FSHS 872 Family Therapy (Graduate Co-Instructor, 2014)

CLINICAL EXPERIENCE

- 2015-present Clinical Supervisor/Marriage and Family Therapist, Capstone Family Therapy Clinic, Tuscaloosa, AL (*Conduct clinical supervision of MS MFT Students*)
- 2011-2014 Kansas State University Family Center, Manhattan, KS (*Individual, couple, and family therapy*)
- 2013-2014 Marriage and Family Therapist, Junction City Freshman Success Academy, Junction City, KS (*Individual and family school-based family therapy*)
- 2012- 2014 Marriage and Family Therapist, Manhattan High School, Manhattan, KS (*Individual and family school-based family therapy*)
- 2009-2011 Marriage and Family Therapy Intern, Marriage and Family Institute, Abilene, TX (*Individual, couple, and family therapy*)
- 2009-2010 Marriage and Family Therapy Intern, Hope Haven, Abilene, TX (*Individual, couple, and family therapy*)

LICENSURES/TRAINING

Licensed Marriage and Family Therapist (Alabama No. 415)
AAMFT Approved Clinical Supervisor
Early Child Mental Health Endorsement
Eye Movement Desensitization and Reprocessing (EMDR) I & II
Filial Play Therapy
Theraplay
Trauma-Focused Cognitive-Behavioral Therapy
Parent-Child Interaction Therapy
Certified Prepare/Enrich Counselor