**M. BLAKE BERRYHILL, PhD**

**Curriculum Vita**

Department of Human Development and Family Studies Phone: 205-348-4044 The University of Alabama Email: bberryhill@ches.ua.edu

Box 870160

Tuscaloosa, AL 35401

**ACADEMIC POSITIONS**

2015-Present Assistant Professor, Marriage and Family Therapy Program Director, Department of Human Development and Family Studies, College of Human Environmental Sciences, The University of Alabama

2014 Research Associate, United States Air Force

2011-2014 Graduate Teaching Assistant, Family Studies and Human Services, Kansas State University

2010- 2011 Graduate Assistant, Abilene Christian University, Abilene, TX

**EDUCATION**

2011-2014 **PhD** Marriage and Family Therapy

Kansas State University, Manhattan, KS

Dissertation: *Coparenting and Parental School Involvement*

Advisor: Jared Anderson, PhD

2009-2011 **MMFT** Master of Marriage and Family Therapy

Abilene Christian University, Abilene, TX

2003-2009 **MDiv** Master of Divinity

Lubbock Christian University, Lubbock, TX

2000-2002 **MA** Religion

Abilene Christian University, Abilene, TX

1996-2000 **BA** Youth and Family Ministry

Abilene Christian University, Abilene, TX

**SCHOLARLY PUBLICATIONS**

**Refereed Journals Articles**

\*Denotes Student Collaborator

**2018**

**Berryhill, M.B.**, Halli, A., Culmer, N., Williams, N, \*Betancourt, A., \*Roberts, H., & \*King, M. (2018). Videoconferencing psychological therapy and anxiety: A systematic review. *Family Practice*, *cmy072,* 1-11.

**Berryhill, M. B**., \*Harless, C., & \*Kean, P. (2018) College student cohesive-flexible family functioning and mental health: Examining gender differences and the mediation effects of positive family communication and self-compassion. *The Family Journal, 26,* 422-432.

**Berryhill, M.**, \*Hayes, A., & \*Lloyd, K. (2018). Chaotic-enmeshment and anxiety: The mediating role of psychological flexibility and self-compassion, *Contemporary Family Therapy, 40*, 326-337.

**Berryhill, M.** (2018). Single mothers’ home-based school involvement: A longitudinal analysis. *Journal of Family Studies, 24,* 187-202.

**2017**

**Berryhill, M.** (2017). Coparenting and parental school involvement. *Child and Youth Care Forum, 46,* 261-283.

**Berryhill, M. B.,** & Durtschi, J.A. (2017). Understanding single mothers’ parenting stress trajectories. *Marriage and Family Review, 53,* 227-245**.**

**2016**

**Berryhill, M. B.** (2016). Mothers’ parenting stress and engagement: Mediating role of parental competence. *Marriage & Family Review*, *52*(5), 461-480.

**Berryhill, M.**, \*Riggins, M., & Gray, R. (2016). Elementary school-University partnership: The Elementary Parent Leadership Academy. *Journal of Community Engagement and Higher Education, 8,* 1-17.

**Berryhill, M. B.**, Soloski, K. L., Durtschi, J. A. and Adams, R. R. (2016). Family process: Early child emotionality, parenting stress, and couple relationship quality. *Personal Relationships*, *23,* 23-41.

Soloski, K., **Berryhill, M.** (2016). Gender differences: Emotional distress as an indirect effect between family cohesion and adolescent alcohol use. Journal of Child and Family Studies, *25,* 1269-1283. doi:10.1007/s10826-015-0311-7

**2015**

**Berryhill, M.**, & Lechtenberg, M. (2015). Acceptance and commitment therapy with adolescents: Identifying and clarifying values. *Journal of Family Psychotherapy, 26,* 25-30*.*

**Berryhill, M.**, & Vennum, A. (2015). Joining forces: Bringing parents and schools together. *Contemporary Family Therapy, 37*, 351-363*.*

**In Press**

**Berryhill, M.B.**, Culmer, N., Williams, N, Halli, A., \*Betancourt, A., \*Roberts, H., & \*King, M. (in press). Videoconferencing Psychotherapy and Depression: A Systematic Review. *Telemedicine and e-Health.*

**Under Review**

**Berryhill, M.**, Casper, D., \*Sarcone, A. G., \*Stanfield, M. H., & \*Shafer, J. (under review). College students' perceptions of self-compassion. *Qualitative Psychology.*

**Berryhill, M., \***Stanfield, M. H. (under review). College student family functioning and psychological flexibility: The indirect effect of cognitive fusion. *The Professional Counselor.*

Casper, D. M., **Berryhill, B. M.**, \*Stanfield, M. H., \*Peters, C., & \*Sarcone, A. G. (under review). Do college students' perceptions of compassion translate to behavior?

*Journal of Adolescent Research*.

\*McGuire, L., & **Berryhill, M. B.** (under review). Mindfulness & Anxiety: The Mediating Role of Self-Compassion. *Journal of Mental Health Counseling.*

**Non-Refereed Publications**

**2018**

**Berryhill, B.**, \*King, M, \*Betancourt, A., & \*Roberts, H. (2018). Telehealth research: Videoconferencing in the treatment of anxiety and depression. *Family Therapy Magazine, 17,* 28-31.

**2017**

**Berryhill, M.B.**, Morgan, H.(2017). Impacting rural communities through school-university-community collaboration partnerships: The parent teacher leadership academy. In M. Reardon & J. Leonard (Eds.), *Innovation and implementation in rural places: School-university-collaboration in education* (pp. 257-280)*.* Charlotte, NC: Information Age Publishing

**2016**

**Berryhill, M.B.** (2016). Joining forces for school success: Elementary Parent and Teacher Leadership Academy joint training session. In B. Thomas, M. Greenfield, T. Ames, & J. Epstein (Eds.), *Promising partnership practices: An annual collection from the members of the National Network of Partnership Schools* (p. 81)*.* Baltimore, Maryland: John Hopkins University.

**2014**

**Berryhill, M.** & Stith, S. (2014). Parents without partners. In J. Golson (Ed.), *The Social History of American Families: An Encyclopedia*. Thousand Oaks, CA: Sage.

**PROFESSIONAL PRESENTATIONS**

**Peer-Reviewed Presentations at Professional Conferences**

**2018**

**Berryhill, M.B., \***King, M, \*Roberts, H., & \*Betancourt, A. (November, 2018). Telemental health and depression: A systematic review. Research presentation at the annual conference of the American Association for Marriage and Family Therapy, Louisville, KY.

**Berryhill, M.B., \***Betancourt, A., \*Roberts, H., & \*King, M. (November, 2018). Telemental health and anxiety: A systematic review. Research presentation at the annual conference of the American Association for Marriage and Family Therapy, Louisville, KY.

Morgan, H., Wilson, L., & **Berryhill, M.B.** (2018, October). Middle School parent-teacher leadership academy: Building community by supporting children and families. Workshop given at the annual Engagement Scholarship Consortium Conference, Minneapolis, MN.

**2017**

**Berryhill, M.B., \***Lloyd, K.., & \*Shaffer, J. (2017, October). Family cohesion, commmunication, anxiety, and depression. Research presentation at the annual conference of the American Association for Marriage and Family Therapy, Atlanta, GA.

**Berryhill, M.B.,** \*Shaffer, J, & **\***Lloyd, K. (2017, October). Chaotic-enmeshment, self-compassion, and anxiety. Research presentation at the annual conference of the American Association for Marriage and Family Therapy, Atlanta, GA.

Curtner-Smith, M., & **Berryhill, M.B.** (2017, November). Helicopter parenting, parental warmth, and emerging adults’ well-being. Research paper presentation at the annual conference of the National Council on Family Relations, Orlando, FL.

Morgan, H., Wilson, L., & **Berryhill, M.B.** (2017, September). Parent-teacher leadership academy: Building community by supporting children and families. Workshop given at the annual Engagement Scholarship Consortium Conference, Birmingham, AL.

**2016**

**Berryhill, M.B., \***Stanfield, M., & \*Smith, J. (2016). Family functioning, cognitive fusion, & psychological flexibility. Poster presented at the annual conference of the American Association for Marriage and Family Therapy, Indianapolis, Indiana.

**Berryhill, M.B., \***Kelly, E., & Downs, K. (2016). Mindful values-guided action and therapeutic presence. Poster presented at the annual conference of the American Association for Marriage and Family Therapy, Indianapolis, Indiana.

Vennum, A., Dharnidharka, P., Shilts, L., Torgerson, C., Clifford, C., & **Berryhill, M.** (2016). Working on What Works: School-based systemic change. Workshop presented at the annual conference of the American Association for Marriage and Family Therapy, Indianapolis, Indiana.

**2015**

**Berryhill, M.** Relationship Quality, coparenting, and school involvement. (2015). Poster presented at the annual conference of the American Association for Marriage and Family Therapy, Austin, Texas.

Vennum, A., Shilts, L., Allan, N., **Berryhill, M.**, Clifford, C., Dharnidharka, P., Van, K., & Grant, D. (2015). Working on What Works. Workshop presented at the annual conference of the American Association for Marriage and Family Therapy, Austin, Texas.

**2014**

**Berryhill, M.** Family Contextual Factors and Parental School Involvement. (2014). Poster presented at the annual conference of the American Association for Marriage and Family Therapy, Milwaukee, Wisconsin.

**Berryhill, M.,** Vennum, A., Dharnidha, P., & Clifford, C. (2014). School-Based Family Therapy: Bridging the Gap for Student Success. Presentation at the Kansas State Association for Marriage and Family Therapy, Wichita, Kansas.

**2013**

**Berryhill, M.** Parenting stress, work-family conflict, and social capital. (2013).Poster presented at the annual conference of the American Association for Marriage and Family Therapy, Portland, Oregon.

**Berryhill, M.** Single mothers’ parenting stress, engagement, and school involvement. (2013).Paper presented at the annual conference of the National Council on Family Relations, San Antonio, Texas.

Luu, S., Johnson, M. D., Anderson, J. R., **Berryhill, M. B**., Hardy, N., & Wilcox, A. (2013). Couples’ coping is related to diabetes management through self-efficacy. Paper presented at the annual conference of the National Council on Family Relations, San Antonio, TX.

Lechtenberg, M., Biery, J., **Berryhill, M. B.**, & Stith, S. (2013). Assessing the adolescent experience of mindfulness. Poster presented at the annual conference of the National Council on Family Relations, San Antonio, TX.

**2012**

**Berryhill, M.**, Soloski, K., Durtschi, J., & Adams, R. Child temperament, parenting stress, and relationship quality. (2012).Poster presented at the annual conference of the American Association for Marriage and Family Therapy, Charlotte, North Carolina.

**Berryhill, M.**, Soloski, K., & Adams, R. Single mothers’ parental engagement and parenting stress. (2012).Poster presented at the annual conference of the American Association for Marriage and Family Therapy, Charlotte, North Carolina.

**Berryhill, M.**, Durtschi, J. Understanding single mothers parenting stress trajectories. (2012).Paper presented at the annual conference of the National Council on Family Relations, Phoenix, Arizona.

**Invited Presentations & Workshops**

**2018 Berryhill, M. (2018, December).** Trauma-informed care in pre-K classrooms. Invited lecture given to Early Childhood Education Interns. Tuscaloosa, Alabama.

**2017**

**Berryhill, M.** (2017, March). Strengthening families through parental-involvement: The role of school-community partnerships. Invited lecture given at the Parent-Leadership Academy, Tuscaloosa, AL.

Jackson, T., Pritchett, B. & **Berryhill, M.** (2017, February). Parental involvement. Invited lecture given at Matthew’s Elementary PTA meeting, Tuscaloosa, AL.

**2016**

**Berryhill, M.** (2016, December). Compassion fatigue. Invited lecture given to RISE Program Employees, Tuscaloosa, AL.

**Berryhill, M.,** Kelly, E. (2016, October). The stress tug-of-war: Dropping the rope. Invited lecture given to a Freshman Seminar Class, The University of Alabama, Tuscaloosa, AL.

**Berryhill, M.** (2016, September-November). Marriage enrichment seminar. Invited seminar series given at First Presbyterian Church, Tuscaloosa, AL.

**Berryhill, M.,** Williamson, L., & Downs, K. (2016, February). MFTs and psychiatrists playing in the sandbox together: A quick guide to understanding child and adolescent disorders. Invited lecture given at the Alabama Association for Marriage and Family Therapy State Conference, Montevallo, AL.

**Berryhill, M.** (2016, March). Joining forces for child success: strengthening family and school community relationships. Invited lecture given at the Parent-Leadership Academy, Tuscaloosa, AL.

**2015**

**Berryhill, M.** (2015, April). Joining forces for child success: Strengthening family and school community relationships. Invited lecture given at the Parent-Leadership Academy, Tuscaloosa, AL.

**2014**

**Berryhill, M.** (2014, April). School-based family therapy. Invited lecture given to master’s level Marriage and Family Therapy students.

**Berryhill, M.**, & Vennum, A. (2014, April). Family therapy services in the school. Invited teacher training for teachers at Junction City Freshman Success Academy, Junction City, KS.

**2013**

**Berryhill, M.**, & Vennum, A. (2013, October). Family therapy services in the school. Invited teacher training for teachers at Manhattan High School, Manhattan, KS.

**2012**

**Berryhill, M.** (2012, February).Step-families. Invited lecturer for Helping Relationships class, Kansas State University, Manhattan, KS.

Soloski, K., & **Berryhill, M.** (2012, September). Army suicide awareness and prevention. Invited presentation for soldiers at Fort Riley Army Base, Fort Riley, KS.

**GRANTS & CONTRACTS**

**Internal Grants Awarded**

**2018**

**Berryhill, M.** (PI), Hopson, L., Carlson, C., & Culmer, N. ($24,958). Alabama Life Research Institute Pilot Project Program. *Implementing Interpersonal Psychotherapy (IPT) via Telemedicine for the Treatment of Adolescent Depression in a Rural School Context.*

**Berryhill, M.** (PI). The University of Alabama’s Research Grants Committee Grant ($5,938). *Examining the Efficacy of a Virtual Sand Tray Application to Reduce Emotional Distress and Pain in Hospitalized Pediatric Burn Patients*.

**Berryhill, M.** (PI). UA-Pickens County Partnership Grant ($25,000). *Increasing Mental Health Providers in Pickens County through Partnership with Pickens County Primary Care.*

Hopson, L. (PI)**, & M. Berryhill** (Co-PI). UA-Pickens County Partnership Grant ($24,316).*UASSW-Pickens County Schools Partnership to Provide Behavioral Health Services to Students in the Context of a Positive School Climate.*

**2016**

The University of Alabama’s College of Human Environmental Sciences Mary A. Crenshaw Grant (Funded; $2,000).*Training in Multilevel Modeling: Todd Little’s Stats Camp.*

**PROFESSIONAL MEMBERSHIP & ACTIVTIES**

American Association for Marriage and Family Therapy (AAMFT)

Clinical Member (2015-Present)

AAMFT Approved Supervisor (2016-present)

COAMFTE Site Visitor (2017-Present)

Conference Abstract Reviewer (2015-Present)

National Council on Family Relations

Member (2011-Present)

Conference Abstract Reviewer (2012-Present)

Alabama Association for Marriage and Family Therapy

Member (2015-Present)

**UNIVERSITY COMMITTEES**

**Department of Human Development and Family Studies (HDFS)**

HDFS Graduate Curriculum Committee (2018-Present)

HDFS Assessment and Curriculum Working Group (2015-present)

HDFS Marriage and Family Therapy Clinic Director Search Committee, Co-Chair (2015)

**College of Human Environmental Sciences (CHES)**

CHES Public Relations Committee (2015-2016)

CHES Well-Recognized Identity Committee (2016-present)

**University Committees**

Search committee member, Director of Community Education, Center for Community-Based

Partnerships

External search committee member, Clinical Mental Health Professor, Department of Educational Studies in Psychology, Research Methodology, and Counseling, College of Education

**TEACHING EXPERIENCE**

**The University of Alabama**

Graduate HD 567 Pre-Practicum in Marriage and Family Therapy

HD 641 Ethics and Professional Issues in Marriage and Family Therapy

HD 664 Family Therapy

HD 665 Advanced Family Therapy

HD 668 Internship in Marriage and Family Therapy

**Kansas State University**

Undergraduate FSHS 350 Family Relationships and Gender Roles (Graduate Student Instructor, 2011-2014)

Graduate FSHS 896 Advanced Family Therapy (Graduate Teaching Assistant, 2014)

FSHS 872 Family Therapy (Graduate Co-Instructor, 2014)

**CLINICAL EXPERIENCE**

2015-present Clinical Supervisor/Marriage and Family Therapist, Capstone Family Therapy Clinic, Tuscaloosa, AL *(Conduct clinical supervision of MS MFT Students)*

2011-2014 Kansas State University Family Center, Manhattan, KS *(Individual, couple, and family therapy)*

2013-2014 Marriage and Family Therapist, Junction City Freshman Success Academy, Junction City, KS *(Individual and family school-based family therapy)*

2012- 2014 Marriage and Family Therapist, Manhattan High School, Manhattan, KS *(Individual and family school-based family therapy)*

2009-2011 Marriage and Family Therapy Intern, Marriage and Family Institute, Abilene, TX (*Individual, couple, and family therapy)*

2009-2010 Marriage and Family Therapy Intern, Hope Haven, Abilene, TX (*Individual, couple, and family therapy)*

**LICENSURES/TRAINING**

Licensed Marriage and Family Therapist (Alabama No. 415)

AAMFT Licensed Clinical Supervisor

Eye Movement Desensitization and Reprocessing (EMDR) I & II

Filial Play Therapy

Theraplay

Trauma-Focused Cognitive-Behavioral Therapy

Certified Prepare/Enrich Counselor